

States and capitals by region

Region	State	Capital
Northeast	Connecticut	Hartford
Northeast	Maine	Augusta
Northeast	Massachusetts	Boston
Northeast	New Hampshire	Concord
Northeast	New Jersey	Trenton
Northeast	New York	Albany
Northeast	Pennsylvania	Harrisburg
Northeast	Rhode Island	Providence
Northeast	Vermont	Montpelier
Midwest	Illinois	Springfield
Midwest	Indiana	Indianapolis
Midwest	Iowa	Des Moines
Midwest	Kansas	Topeka
Midwest	Michigan	Lansing
Midwest	Minnesota	Saint Paul
Midwest	Missouri	Jefferson City
Midwest	Nebraska	Lincoln
Midwest	North Dakota	Bismarck
Midwest	Ohio	Columbus
Midwest	South Dakota	Pierre
Midwest	Wisconsin	Madison
South	Alabama	Montgomery
South	Arkansas	Little Rock
South	Delaware	Dover
South	Florida	Tallahassee
South	Georgia	Atlanta
South	Kentucky	Frankfort
South	Louisiana	Baton Rouge
South	Maryland	Annapolis
South	Mississippi	Jackson
South	North Carolina	Raleigh

Region	State	Capital
South	Oklahoma	Oklahoma City
South	South Carolina	Columbia
South	Tennessee	Nashville
South	Texas	Austin
South	Virginia	Richmond
South	West Virginia	Charleston
West	Alaska	Juneau
West	Arizona	Phoenix
West	California	Sacramento
West	Colorado	Denver
West	Hawaii	Honolulu
West	Idaho	Boise
West	Montana	Helena
West	Nevada	Carson City
West	New Mexico	Santa Fe
West	Oregon	Salem
West	Utah	Salt Lake City
West	Washington	Olympia
West	Wyoming	Cheyenne

Notes